Intestinal Biotic Support™

probi • digestis®

Helps Maintain Regularity and Reduce Occasional Bloating



Like millions of other people, you may live with occasional bloating, gas, and digestive discomfort. It's not pleasant! Fortunately help is available from a unique, time-tested probiotic strain that has been clinically demonstrated to support daily digestive health.*

Source Naturals® Intestinal Biotic Support $^{\text{M}}$, with *Lactobacillus plantarum* 299v, is a soothing probiotic that supports healthy digestion for improved quality of life. This naturally occurring, well-researched probiotic has been

shown in clinical studies to provide significant support for gastrointestinal health. Studies suggest that the probiotic *Lactobacillus plantarum* 299v in Intestinal Biotic Support promotes a healthy balance of good bacteria in the gut, can help reduce occasional digestive discomfort and bloating, and can help maintain regularity. This probiotic also survives particularly well in the intestines. It can adhere to the intestinal wall and recolonize to increase the number of healthy live organisms. Source Naturals® Intestinal Biotic Support requires no refrigeration, is resistant to

stomach acid, and is vegan and dairy-free.*



Digestive Health

It's possible to provide support for healthy digestive function naturally with *Lactobacillus plantarum* 299v, a highly beneficial probiotic. *L. plantarum* is one of 90 species of *Lactobacillus*. It is distinguished by its ability to ferment many different carbohydrates, its high requirement for manganese, a high tolerance to low pH, and survival in the human stomach. *L. plantarum* is found in healthy foods containing lactic acid, including sauerkraut, pickles, brined olives, and sourdough.*

Shelf-Stable

It's best to store Intestinal Biotic Support in a cool, dry place. After storage in an unopened bottle at room temperature for two years, it is expected to contain 10 billion live probiotics, a clinically validated dose, making this an extremely robust probiotic. It does not require refrigeration, but refrigeration will extend shelf life and increase the number of active, live probiotics for long-term benefits.*

Time-Proven, Scientifically Validated

Ancient health practitioners recognized the value of fermented foods and used cultured milk for digestive imbalances to help people feel better. Lactobacillus plantarum 299v is a bacterial strain found naturally in the human gut. It has been tested in multiple clinical trials with no reports of adverse effects and is shown to be imminently resilient when exposed to the low pH of stomach acid. L. plantarum has the ability to survive and adhere to the intestinal cells where it can recolonize and proliferate in the human intestine. Numerous human clinical trials have demonstrated the multiple benefits offered by L. plantarum so that you can get support for digestive function and improved quality of life.*

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Educational References

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